

# Proof of Consent

This document was generated to show efforts made to comply with privacy legislation. This document will contain the Cookie Policy and the cookie consent settings to proof consent for the time and region specified below. For more information about this document, please go to <https://complianz.io/consent>.

*This Cookie Policy was last updated on 10th January 2023 and applies to citizens and legal permanent residents of the United Kingdom.*

## 1. Introduction

Our website, <https://www.thegoodfoodnetwork.com> (hereinafter: "the website") uses cookies and other related technologies (for convenience all technologies are referred to as "cookies"). Cookies are also placed by third parties we have engaged. In the document below we inform you about the use of cookies on our website.

## 2. What are cookies?

A cookie is a small simple file that is sent along with pages of this website and stored by your browser on the hard drive of your computer or another device. The information stored therein may be returned to our servers or to the servers of the relevant third parties during a subsequent visit.

## 3. What are scripts?

A script is a piece of program code that is used to make our website function properly and interactively. This code is executed on our server or on your device.

## 4. What is a web beacon?

A web beacon (or a pixel tag) is a small, invisible piece of text or image on a website that is used to monitor traffic on a website. In order to do this, various data about you is stored using web beacons.

## 5. Cookies

### 5.1 Technical or functional cookies

Some cookies ensure that certain parts of the website work properly and that your user preferences remain known. By placing functional cookies, we make it easier for you to visit our website. This way, you do not need to repeatedly enter the same information when visiting our website and, for example, the items remain in your shopping cart until you have paid. We may place these cookies without your consent.

## 5.2 Statistics cookies

We use statistics cookies to optimize the website experience for our users. With these statistics cookies we get insights in the usage of our website. We ask your permission to place statistics cookies.

## 5.3 Advertising cookies

On this website we use advertising cookies, enabling us to gain insights into the campaign results. This happens based on a profile we create based on your behaviour on <https://www.thegoodfoodnetwork.com>. With these cookies you, as website visitor, are linked to a unique ID but these cookies will not profile your behaviour and interests to serve personalized ads.

Because these cookies are marked as tracking cookies, we ask your permission to place these.

## 5.4 Marketing/Tracking cookies

Marketing/Tracking cookies are cookies or any other form of local storage, used to create user profiles to display advertising or to track the user on this website or across several websites for similar marketing purposes.

## 5.5 Social media

On our website, we have included content from Facebook to promote web pages (e.g. “like”, “pin”) or share (e.g. “tweet”) on social networks like Facebook. This content is embedded with code derived from Facebook and places cookies. This content might store and process certain information for personalised advertising.

Please read the privacy statement of these social networks (which can change regularly) to read what they do with your (personal) data which they process using these cookies. The data that is retrieved is anonymised as much as possible. Facebook is located in the United States.

# 6. Placed cookies

### CleanTalk Spam Protect

Functional

Consent to service cleantalk-spam-protect

#### Usage

We use CleanTalk Spam Protect for spam prevention. [Read more](#)

#### Sharing data

For more information, please read the [CleanTalk Spam Protect Privacy Statement](#).

## Functional

### Name

[ct\\_mouse\\_moved](#)

### Expiration

session

### Function

Store dynamic variables from the browser

### Name

[ct\\_has\\_scrolled](#)

### Expiration

session

### Function

Store dynamic variables from the browser

### Name

[ct\\_fkp\\_timestamp](#)

### Expiration

session

**Function**

Store time of visit

**Name**

[ct\\_screen\\_info](#)

**Expiration**

session

**Function**

Store dynamic variables from the browser

**Name**

[ct\\_checkjs](#)

**Expiration**

session

**Function**

Store dynamic variables from the browser

**Name**

[ct\\_timezone](#)

**Expiration**

session

**Function**

Store time of visit

**Name**

[ct\\_ps\\_timestamp](#)

**Expiration**

session

**Function**

Store time of visit

**Name**

[ct\\_pointer\\_data](#)

**Expiration**

session

**Function**

Store dynamic variables from the browser

**Name**

[apbct\\_timestamp](#)

**Expiration**

session

**Function**

**Name**

[apbct\\_site\\_landing\\_ts](#)

**Expiration**

session

**Function**

**Name**

[apbct\\_page\\_hits](#)

**Expiration**

session

**Function**

**Name**

[apbct\\_prev\\_referer](#)

**Expiration**

session

**Function**

Store referrer ID's

**Name**

[apbct\\_cookies\\_test](#)

**Expiration**

session

**Function**

Read if cookies can be placed

**Purpose pending investigation**

**Name**

[apbct\\_\\*](#)

**Expiration**

**Function**

**Name**

[ct\\_checked\\_emails](#)

**Expiration**

session

## Function

## PHP

Functional

Consent to service php

### Usage

We use PHP for website development. [Read more](#)

### Sharing data

This data is not shared with third parties.

## Functional

### Name

bannerAlertLength

### Expiration

1 week

### Function

Helps prevent users seeing our notification banner when they have previously closed it.

### Name

[exp\\*](#)

### Expiration



**Function**

Provide functions across pages

**Name**

popUpAlertLength

**Expiration**

30 minutes

**Function**

Helps prevent users seeing our notification pop-up when they have previously closed it.

**Bing Ads**

Functional, Marketing/Tracking

Consent to service bing-ads

**Usage**

We use Bing Ads for advertising. [Read more](#)

**Sharing data**

This data is not shared with third parties.

**Functional****Name**

[\\_uetvid\\_exp](#)

**Expiration**

persistent

**Function**

**Name**

[\\_uetsid\\_exp](#)

**Expiration**

persistent

**Function**

**Marketing/Tracking**

**Name**

[\\_uetsid](#)

**Expiration**

1 day

**Function**

Store and track visits across websites

**Name**

[\\_uetvid](#)

**Expiration**

13 months

**Function**

Store and track visits across websites

**WooCommerce**

Functional

Consent to service woocommerce

**Usage**

We use WooCommerce for webshop management. [Read more](#)

**Sharing data**

This data is not shared with third parties.

**Functional****Name**

[wc\\_cart\\_hash\\_\\*](#)

**Expiration**

session

**Function**

Store items in shopping cart

**Name**

[wc\\_fragments\\_\\*](#)

### Expiration

persistent

### Function

## PayPal

Functional

Consent to service paypal

### Usage

We use PayPal for payment processing. [Read more](#)

### Sharing data

For more information, please read the [PayPal Privacy Statement](#).

## Functional

### Name

[\\_\\_paypal\\_storage\\_\\_](#)

### Expiration

persistent

### Function

Store account details

**Name**

[ts\\_c](#)

**Expiration**

3 years

**Function**

Provide fraud prevention

**Name**

[paypal](#)

**Expiration**

persistent

**Function**

Provide fraud prevention

**Microsoft Clarity**

Statistics, Marketing/Tracking

Consent to service microsoft-clarity

**Usage**

We use Microsoft Clarity for heat maps and screen recordings. [Read more](#)

**Sharing data**

For more information, please read the [Microsoft Clarity Privacy Statement](#).

## Statistics

### Name

[\\_cltk](#)

### Expiration

### Function

Store and track interaction

### Name

[\\_clsk](#)

### Expiration

1 day

### Function

Store and combine pageviews by a user into a single session recording

## Marketing/Tracking

### Name

[\\_clck](#)

### Expiration

1 year

**Function**

Store a unique user ID

**Name**

[ANONCHK](#)

**Expiration****Function****Name**

[MUID](#)

**Expiration**

1 year

**Function**

Store and track visits across websites

**Complianz**

Functional

Consent to service complianz

**Usage**

We use Complianz for cookie consent management. [Read more](#)

**Sharing data**

This data is not shared with third parties. For more information, please read the [Complianz](#)

[Privacy Statement.](#)

**Functional**

**Name**

[cimplz\\_user\\_data](#)

**Expiration**

365 days

**Function**

Read to determine which cookie banner to show

**Name**

[cimplz\\_id](#)

**Expiration**

365 days

**Function**

Store cookie consent preferences

**Name**

[cimplz\\_consented\\_services](#)

**Expiration**



365 days

**Function**

Store cookie consent preferences

**Name**

[cmplz\\_policy\\_id](#)

**Expiration**

365 days

**Function**

Store accepted cookie policy ID

**Name**

[cmplz\\_marketing](#)

**Expiration**

365 days

**Function**

Store cookie consent preferences

**Name**

[cmplz\\_statistics](#)

**Expiration**

365 days

**Function**

Store cookie consent preferences

**Name**

[cmplz\\_preferences](#)

**Expiration**

365 days

**Function**

Store cookie consent preferences

**Name**

[cmplz\\_functional](#)

**Expiration**

365 days

**Function**

Store cookie consent preferences

**Name**

[cmplz\\_banner-status](#)

**Expiration**

365 days

**Function**

Store if the cookie banner has been dismissed

**Name**

[cmplz\\_saved\\_categories](#)

**Expiration**

365 days

**Function**

Store cookie consent preferences

**Name**

[cmplz\\_saved\\_services](#)

**Expiration**

365 days

**Function**

Store cookie consent preferences

**WordPress**

Consent to service wordpress

Functional

## Usage

We use WordPress for website development. [Read more](#)

## Sharing data

This data is not shared with third parties.

### Functional

#### Name

[wordpress\\_test\\_cookie](#)

#### Expiration

session

#### Function

Read if cookies can be placed

#### Name

[wp\\_lang](#)

#### Expiration

session

#### Function

Store language settings

#### Name

[wordpress\\_logged\\_in\\_\\*](#)

### Expiration

persistent

### Function

Store logged in users

## Google Analytics

Statistics, Functional

Consent to service google-analytics

### Usage

We use Google Analytics for website statistics. [Read more](#)

### Sharing data

For more information, please read the [Google Analytics Privacy Statement](#).

## Statistics

### Name

[\\_gid](#)

### Expiration

1 day

### Function

Store and count pageviews

**Name**

[\\_dc\\_gtm\\_UA-\\*](#)

**Expiration**

1 minute

**Function**

Store number of service requests

**Name**

[\\_ga\\_\\*](#)

**Expiration**

1 year

**Function**

Store and count pageviews

**Name**

[\\_ga](#)

**Expiration**

2 years

**Function**

Store and count pageviews

## Functional

### Name

[\\_gat\\_UA-\\*](#)

### Expiration

session

### Function

Provide technical monitoring

## Facebook

Marketing/Tracking, Functional

Consent to service facebook

### Usage

We use Facebook for display of recent social posts and/or social share buttons. [Read more](#)

### Sharing data

For more information, please read the [Facebook Privacy Statement](#).

## Marketing/Tracking

### Name

[\\_fbp](#)

### Expiration

3 months

**Function**

Store and track visits across websites

**Name**

[\\_fbc](#)

**Expiration**

2 years

**Function**

Store last visit

**Name**

[fbm\\*](#)

**Expiration**

1 year

**Function**

Store account details

**Name**

[xs](#)

**Expiration**

3 months



**Function**

Store a unique session ID

**Name**

[fr](#)

**Expiration**

3 months

**Function**

Provide ad delivery or retargeting

**Name**

[act](#)

**Expiration**

90 days

**Function**

Store logged in users

**Name**

[datr](#)

**Expiration**

2 years

**Function**

Provide fraud prevention

**Name**

[c\\_user](#)

**Expiration**

30 days

**Function**

Store a unique user ID

**Name**

[sb](#)

**Expiration**

2 years

**Function**

Store browser details

**Name**

[\\*\\_fbm\\_](#)

**Expiration**

1 year

**Function**

Store account details

**Functional****Name**

[wd](#)

**Expiration**

1 week

**Function**

Read screen resolution

**Name**

[csm](#)

**Expiration**

90 days

**Function**

Provide fraud prevention

**Name**

[actppresence](#)

### Expiration

session

### Function

Store and track if the browser tab is active

## Wordfence

Functional

Consent to service wordfence

### Usage

We use Wordfence for security and fraud prevention. [Read more](#)

### Sharing data

For more information, please read the [Wordfence Privacy Statement](#).

## Functional

### Name

[wfwaf-authcookie\\*](#)

### Expiration

1 day

### Function

Read to determine if the user is logged in

## Hotjar

Statistics, Functional

## Consent to service hotjar

### Usage

We use Hotjar for heat maps and screen recordings. [Read more](#)

### Sharing data

For more information, please read the [Hotjar Privacy Statement](#).

## Statistics

### Name

[\\_hjRecordingLastActivity](#)

### Expiration

session

### Function

Store performed actions on the website

### Name

[\\_hjFirstSeen](#)

### Expiration

session

### Function

Store first visit to the site

**Name**

[\\_hjIncludedInSessionSample](#)

**Expiration**

30 minutes

**Function****Name**

[\\_hjIncludedInPageviewSample](#)

**Expiration**

30 minutes

**Function****Name**

[\\_hjAbsoluteSessionInProgress](#)

**Expiration**

session

**Function**

Store unique visits

**Name**

[\\_hjSessionUser\\_\\*](#)

**Expiration**

1 year

**Function**

Store a unique user ID

**Functional**

**Name**

[\\_hjRecordingEnabled](#)

**Expiration**

session

**Function**

**Name**

[\\_hjSession\\_\\*](#)

**Expiration**

session

**Function**

Provide functions across pages

## Google Fonts

Marketing/Tracking

Consent to service google-fonts

### Usage

We use Google Fonts for display of webfonts. [Read more](#)

### Sharing data

For more information, please read the [Google Fonts Privacy Statement](#).

## Marketing/Tracking

### Name

[Google Fonts API](#)

### Expiration

expires immediately

### Function

Read user IP address

## MailChimp

Purpose pending investigation

Consent to service mailchimp

### Usage

We use MailChimp for mailing list subscriptions. [Read more](#)

### Sharing data

For more information, please read the [MailChimp Privacy Statement](#).



### **Purpose pending investigation**

#### **Name**

[mailchimp.cart.\\*](#)

#### **Expiration**

#### **Function**

### **Miscellaneous**

Purpose pending investigation

Consent to service miscellaneous

#### **Usage**

#### **Sharing data**

Sharing of data is pending investigation

### **Purpose pending investigation**

#### **Name**

ct\_cookies\_type

#### **Expiration**

#### **Function**

## 7. Consent

When you visit our website for the first time, we will show you a pop-up with an explanation about cookies. As soon as you click on "Save preferences", you consent to us using the categories of cookies and plug-ins you selected in the pop-up, as described in this Cookie Policy. You can disable the use of cookies via your browser, but please note that our website may no longer work properly.

### 7.1 Manage your consent settings

## 8. Enabling/disabling and deleting cookies

You can use your internet browser to automatically or manually delete cookies. You can also specify that certain cookies may not be placed. Another option is to change the settings of your internet browser so that you receive a message each time a cookie is placed. For more information about these options, please refer to the instructions in the Help section of your browser.

Please note that our website may not work properly if all cookies are disabled. If you do delete the cookies in your browser, they will be placed again after your consent when you visit our websites again.

## 9. Your rights with respect to personal data

You have the following rights with respect to your personal data:

- You have the right to know why your personal data is needed, what will happen to it, and how long it will be retained for.
- Right of access: You have the right to access your personal data that is known to us.
- Right to rectification: you have the right to supplement, correct, have deleted or blocked your personal data whenever you wish.
- If you give us your consent to process your data, you have the right to revoke that consent and to have your personal data deleted.
- Right to transfer your data: you have the right to request all your personal data from the controller and transfer it in its entirety to another controller.
- Right to object: you may object to the processing of your data. We comply with this, unless there are justified grounds for processing.

To exercise these rights, please contact us. Please refer to the contact details at the bottom of this Cookie Policy. If you have a complaint about how we handle your data, we would like to hear from you, but you also have the right to submit a complaint to the supervisory authority (the Information Commissioner's Office (ICO)).

## 10. Contact details

For questions and/or comments about our Cookie Policy and this statement, please contact us by using the following contact details:

The Good Food Network Ltd  
15 Edgeborough Way  
Bromley  
Kent  
BR1 2UA  
United Kingdom  
Website: <https://www.thegoodfoodnetwork.com>  
Email: [info@thegoodfoodnetwork.co.uk](mailto:info@thegoodfoodnetwork.co.uk)  
Phone number: 020 8466 7170

This Cookie Policy was synchronised with [cookiedatabase.org](https://cookiedatabase.org) on 10th January 2023

## Cookie consent settings

- prefix => cmlpz\_
- user\_banner\_id => 1
- block\_ajax\_content => 0
- do\_not\_track =>
- consenttype => optin
- region => uk
- geoip => 1
- dismiss\_timeout =>
- disable\_cookiebanner =>
- soft\_cookiewall =>
- dismiss\_on\_scroll =>
- cookie\_expiry => 365
- locale => lang=en&locale=en\_GB
- tcf\_active =>
- forceEnableStats =>
- preview =>
- clean\_cookies =>
- id => 1
- header => Manage Cookie Consent,1
- accept\_optin => Accept
- accept\_optout => Accept,1
- manage\_consent => Manage consent
- manage\_options => View preferences
- save\_settings => Save preferences
- dismiss => Deny,1
- message\_optout => To provide the best experiences, we use technologies like cookies to store and/or access device information. Consenting to these technologies will allow us to process data such as browsing behaviour or unique IDs on this site. Not consenting or withdrawing consent, may adversely affect certain features and functions.

- message\_optin => To provide the best experiences, we use technologies like cookies to store and/or access device information. Consenting to these technologies will allow us to process data such as browsing behaviour or unique IDs on this site. Not consenting or withdrawing consent, may adversely affect certain features and functions.
- category\_functional => Functional
- category\_preferences => Preferences,1
- category\_statistics => Statistics,1
- functional\_text => The technical storage or access is strictly necessary for the legitimate purpose of enabling the use of a specific service explicitly requested by the subscriber or user, or for the sole purpose of carrying out the transmission of a communication over an electronic communications network.,1
- statistics\_text => The technical storage or access that is used exclusively for statistical purposes.,1
- statistics\_text\_anonymous => The technical storage or access that is used exclusively for anonymous statistical purposes. Without a subpoena, voluntary compliance on the part of your Internet Service Provider, or additional records from a third party, information stored or retrieved for this purpose alone cannot usually be used to identify you.,1
- preferences\_text => The technical storage or access is necessary for the legitimate purpose of storing preferences that are not requested by the subscriber or user.,1
- marketing\_text => The technical storage or access is required to create user profiles to send advertising, or to track the user on a website or across several websites for similar marketing purposes.,1
- category\_marketing => Marketing,1
- manage\_consent\_options => hover-hide-mobile
- use\_categories => view-preferences
- privacy\_link\_us => #